

Jesus Centre Church

3 Days Special Prayer and Fasting Programme

Day One - Prayer II - **I Break Stronghold of Sinful Nature in My Life**

Introduction

Breaking the stronghold of sinful nature requires a daily surrender to God, relying on His strength rather than our own; Stay connected to Him through prayer, study His Word, and seek accountability. The Lord is faithful and will help you overcome. May His grace sustain us on this journey.

Prayer Points

1) Heavenly Father, I thank you for your great love towards me, for while I'm yet a sinner, Christ died for me. Thank you because today every stronghold of sinful nature in my life shall be broken in Jesus name.

1 John 1:9 - If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. **Prov 28:13** - He who covers his sins will not prosper, But whoever confesses and forsakes them will have mercy.

2. Heavenly Father, I come before You acknowledging my sinful nature. I confess my shortcomings and the areas of my life where I have fallen short of Your glory, have mercy upon me in the name of Jesus.

3. Lord, I repent for the specific sins (*mention them*) that have taken root in my life. I turn away from them and seek Your forgiveness, show me mercy O Lord in the name of Jesus

Ps 147:3 - He heals the brokenhearted and binds up their wounds.

4. Father, I bring before You the broken areas of my heart, heal the wounds of my past that may contribute to sinful patterns in my life. Let Your love and restoration bring wholeness to every broken area of my heart.

Rom 12:2 Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will

5. Holy Spirit, renew my mind and transform my thoughts. Help me to see myself and the world through the lens of Your Word, that I may be conformed to the image of Christ. Transform me so that I may discern and follow Your perfect will in the name of Jesus.

Gal 5:1 - **Stand fast** therefore in the liberty by which Christ has made us free, and do **not be entangled again** with a yoke of bondage.

6. In the name of Jesus, I break every chain that binds me to sinful habits and behaviors. I Lay hold of the power of the cross that set me free from the stronghold of sin and I declare my freedom. I stand firm in the liberty Christ has given me in the name of Jesus

Eph 5:18 - And do not be drunk with wine, in which is dissipation; but be filled with the Spirit
Jn 14:26 - But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all things that I said to you

7. Fill me afresh, O Lord, with Your Holy Spirit. Let Your presence dwell in me so that I may walk in the Spirit and not gratify the desires of the flesh. Let Your presence guide and empower me to live a life pleasing to You in the name of Jesus.

1 Cor 10:13 - No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it

8. Grant me strength to resist temptation. When I am faced with situations that may lead me astray, empower me to choose righteousness and flee from sin. Provide a way of escape when I am tested, and help me endure in the name of Jesus.

Gal 5:24 - Those who belong to Christ Jesus have crucified the flesh with its passions and desires

9. Father, help me to crucify my flesh and every sinful passion and desire that present themselves as pleasures and the In-Things to me in the name of Jesus.

1 Cor 15:57 - But thanks be to God! He gives us the victory through our Lord Jesus Christ

10. I declare victory in the name of Jesus over the sinful nature that seeks to dominate my life. By the power of Christ's resurrection, I am more than a conqueror and therefore, I break your power over my life in the name of Jesus.

Matt 5:6 - Blessed are those who hunger and thirst for righteousness, for they will be filled.

Gal 5:16 So I say, walk by the Spirit, and you will not gratify the desires of the flesh

11. From today I Pray for a desire for righteousness, Lord Create in me a clean heart, cause my heart to pants after righteousness, and fill me with your righteousness in the name of Jesus. Father, help me to walk in the Spirit daily in the name of Jesus

Prov 27:17 - As iron sharpens iron, so one person sharpens another

12. Lord, lead me to trustworthy, godly friends and mentors who will sharpen me spiritually and can hold me accountable in my walk with You. Help me to be transparent and seek support when needed in the name of Jesus.

Gal 2:20 - I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me

13. Every day, I surrender my will to Yours, Lord. Let Your will be done in my life, and help me to continually submit to Your guidance and authority. Let Christ live in me, guiding my steps and transforming me according to Your will in the name of Jesus.

Phil 4:8 - Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things

14. Lord, help me guard the gates of my mind against impure thoughts and influences. Let Your Word be a constant filter, allowing only and focusing on that which is honorable, pure, true, noble, right, pure, lovely, admirable, excellent, and praiseworthy to dwell in my thoughts in the name of Jesus.

2 Tim 1:7 - For the Spirit God gave us does not make us timid, but gives us power, love, and self-discipline. NKJV -For God has not given us a spirit of fear, but of power and of love and of a sound mind

15. Holy Spirit, empower me to live a holy and righteous life. Grant me the strength to walk in obedience to Your Word and to live as a testimony of Your transforming power. Holy Spirit, empower me with Your gifts of power, love, and self-discipline. Help me walk in holiness and resist the allure of sinful nature in the name of Jesus.

James 1: 5 - If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you.

16. Lord, grant me discernment to recognize the schemes of the enemy and wisdom to navigate the challenges that may lead me astray. Help me to make choices that align with Your will in the name of Jesus.

Eph 2:8-9 For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God—not by works, so that no one can boast

17. Heavenly Father, I thank You for Your unmerited grace and boundless love. I thank you that from today, you will help me appreciate and walk in the freedom of Your grace, and to turn away from sin and walk in the freedom You provide in the name of Jesus.

Shall we pray in the Holy Ghost